



FUNDRAISING IDEAS

Fundraisers are a great way for schools to show their commitment to healthy living while meeting financial needs. Fundraisers can build self-esteem, provide a service and promote school spirit.

Got Team Spirit?

- Key chains
- Pens, pencils, erasers
- T-shirts, hats/visors, buttons
- Mugs, souvenir cups, koozies
- Decals, bumper stickers, tattoos
- School cookbooks
- Calendars
- Stadium blankets, pillows

- Balls, frisbees, yo-yos, jump ropes
- Slinkies
- Stuffed animals
- Lanyards

Have you tried?

- Flowers, plants, bulbs
- Lotions, soaps
- Baskets

- Stationary
- Gift wrap, ribbon
- Greeting cards
- Calendars
- Jewelry
- CDs/DVDs
- Picture frames
- Tupperware
- Valentines/telegrams

- Magazine subscriptions
- Coupon books
- Ornaments
- Holiday wreaths
- Garage sales
- Services (lawn care, housecleaning, salon)
- Engraved bricks for the courtyard

Inspiring learning:

- Book fair
- Read-a-thon
- Knowledge-a-thon
- Math-a-thon
- Spell-a-thon

“Fun”draising:

- Talent shows/school plays
- Fun runs
- Bike rally
- Walk/Bike/Dance/Bowl/Skate/Jump rope-a-thon
- Car washes
- Dances (father/daughter, traditional)
- Golf tournaments or Frisbee golf
- Horseshoe competition
- Percentage of sales at local merchant (video store, book store)
- Carnivals/festivals
- Skating party
- Craft sales

- Singing telegrams
- Auction
- Milk Mustache photos

Off campus sales:

- Fresh fruit/fruit baskets
- Nuts
- Popcorn
- Pizza kits
- Trail mix
- Low fat cereal bars
- Gourmet food baskets
- Bottled water with the school logo



**Blue & You
Foundation**

For a Healthier Arkansas 
An Independent Licensee of the Blue Cross and Blue Shield Association

UAMS
FAY W. BOOZMAN
COLLEGE OF
PUBLIC HEALTH

UNIVERSITY OF ARKANSAS
FOR MEDICAL SCIENCES

 **Arkansas
Action for Healthy Kids®**